

# FACING YOUR GIANTS

## Part 1 - Facing the Giant of DISCOURAGEMENT Pastor George M. Dupree – 11/16/2008

Each of faces this giant, this giant wants us to

- **RETREAT**
- **GIVE** up
- **SETTLE FOR LESS** than what God intends for us

This giant wants us to lose **HOPE**; to lose the very thing that God has given us – which is **HOPE**.

- Jeremiah 29:11 For I know the thoughts that I think toward you, says the LORD, thoughts of peace and not of evil, to give you a **future and a hope**

Because of this courage within David faced his giant

- 1Samuel 17:40 David went out to a stream and picked up five smooth stones and put them in his leather bag. Then with his sling in his hand, he went straight toward Goliath

Discouragement is the opposite of encouragement - When You Are Encouraged You Have Confidence & Hope Within - When You Are Discouraged You Are Discharged of Courage – it means to lose confidence or **enthusiasm** – en – theos – God Within

So today we'll look at three ways to win over discouragement

1. **GOD**
2. **OTHERS**
3. **SELF**

### 1 - God Encourages Us

God encourages us by His Word. When we hear, read and study His Word get what we call INSPIRED. The word inspire means breath within. God breathes into us and it causes us to aspire. Aspire means to direct one's hopes or ambitions toward achieving something. The Holy Spirit encourages us by His Presence. The Holy Spirit is described as the Comforter and our Helper. To encourage is to give active help or to raise confidence to the point where one dares to do what is difficult

### 2 – Others Encourage Us

- 1 Thessalonians 5:11 Therefore **encourage one another and build each other up**, just as in fact you are doing. Paul gives us the directive; he wrote that **OUR WORDS** should build up the one who is listening.
- Ephesians 4:29 Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up

according to their needs, that it may benefit those who listen. Proverbs 10:11 The **mouth** of the righteous is a **fountain of life**. Hebrews 3:13 But **ENCOURAGE ONE ANOTHER** one another **daily**, as long as it is called Today, so that none of you may be hardened by sin's deceitfulness.

Hebrews 10:25 Let us not give up meeting together, as some are in the habit of doing, **but let us ENCOURAGE one another--** and all the more as you see the Day approaching.

### 3 – We Encourage Our Self

- **1Samuel 30:6 (KJVS)** And David was greatly distressed; for the people spoke of stoning him, because the soul of all the people was grieved, every man for his sons and for his daughters: but David **encouraged** himself in the LORD his God.

### Take Courage – It's God's Prescription For Well Being

- **Psalm 27:14** Wait for the LORD; Be strong, and let your heart **take courage**; Yes, wait for the LORD.
- **John 16:33** "These things I have spoken to you, that in Me **you may have peace**. In the world you have tribulation, but **take courage**; I have overcome the world."