

# YOUR ATTITUDE IS YOUR CHOICE

Pastor George M. Dupree – January 18, 2009

Attitude - a settled way of thinking or feeling about someone or something, typically one that is reflected in a person's behavior

- Proverbs 23:7 For as he thinks in his heart, so is he.
- John 1:12 all who received him, to those who believed in his name, he gave the right to become children of God —

1. Success doesn't **SUDDENLY** appear; neither does **FAILURE**
2. Success becomes a reality because of **DECISIONS & DISCIPLINES**
3. Successful people do what unsuccessful people do not **WANT** to do
4. Successful people develop **ATTITUDES** early and manage them daily
5. Making **GOOD DECISIONS** does no good without doing what was decided
6. **PRACTICING** good discipline i.e. diet, exercise, money management, hard work is a sign of a good attitude.
7. Successful people **CONQUER** their feelings and form **HABITS** that unsuccessful people do not want to do.
8. There are two kinds of pain
  - The pain of **SELF-DISCIPLINE**
  - The pain of **REGRET**
    - The pain of self-discipline is momentary but the pay off is long lasting.
9. Discipline is **PAINFUL** - 30 minutes exercising may be unpleasant but if we do it we can avoid long-term pain and reap long-term benefits.
10. Noah didn't wait for his ship to come in; he **BUILT** one.
11. Many of the **DECISIONS** we make carry through our life, good or bad.
  - Great example – saving money – start early
12. Attitude at the **BEGINNING** of a task determines the outcome; often more than anything else.
13. You've probably heard the saying "all's well that ends well", another good one is "all's well that **BEGINS** well".
14. The confident person **INCREASES** his chances of success. The pessimist welcomes the negative outcome he expects.
15. Your Attitude can give you a **WINNER'S** perspective
  - Joe Lewis fought Tony Galento in 1939 at Yankee Stadium in front of 30,000 people. In round 2 Lewis knocked down Galento – in round 3 Galento knocks Lewis down and Lewis jumped to his feet after 2 counts – Returning to his corner his trainer said he should have stayed down for the full 9 count, - and Lewis said "why to let him rest!" In round 4 Lewis demolished Galento and the fight was stopped and Lewis won.
16. It's been said "All things being equal **ATTITUDE** wins", but all things being NOT equal, **ATTITUDE** still often wins.

17. Some people just hate clear skies and want to ruin the atmosphere; attitudes are good for the environment bad attitudes make the room **STINK**.
  - Some people just don't want to be happy; they don't want a good attitude.
18. We all need AA – **ATTITUDE ADJUSTMENTS**; on a regular basis.
  - Conduct regular attitude checks. Examine yourself regularly.
    - Attitudes, even if good need to be attended to daily.
19. Think act and talk like the person you want to **BECOME**. And then do the things necessary to become that person.
20. If you want to benefit from the **POSSIBILITIES** of a positive attitude you need to do more than just make the decision to be positive, you need to manage that decision.
  - Everyday I need to make adjustments to keep my attitude right; isn't just positive thinking, although that's very necessary, it's positive actions as well.
21. Find positive things in **EVERYTHING** - it's like the scripture that says everything give thanks.
  - [1Thessalonians 5:18](#) in everything give thanks; for this is the will of God in Christ Jesus for you.
    - Find someone positive in every situation; surround yourself with yes-sayers not nay-sayers.
      - Give and accept encouragement.
22. Critique your **VOCABULARY**, the things you say and how you say them
23. We can't control our **CIRCUMSTANCES** but we can control our attitude
  - When everything is going good even people with bad attitudes seem positive. But how is our attitude when things aren't going good? When you have a passion deep down inside there will be a God-given confidence that will equip you for what's ahead even when things look very bleak.
24. There are different natural **INCLINATIONS** in each of us, but we can control and have to work on attitudes. Natural leanings don't have to control our lives; we can re-bend them.
25. The most important thing we can work on in our life is our **ATTITUDE**
26. You can change, you have to want to, but you have to **WORK** at it.
27. Maybe you didn't have a **GREAT START** in life, but you can have a great finish, leave the victim attitude, and take up the victor attitude.
  - Jesus was not a victim, neither are you.
28. Your **FAITH** can lift you.
29. You can't change your **LOOKS** but you can change your outlook.
30. It's Choice not **CHANCE**. Choose Life – Choose Christ